DILLON T. SMITH

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PROFESSIONAL SUMMARY

Dedicated and empathetic individual with a strong ability to connect deeply with people, fostering trust and understanding. Skilled in employing patience and empathy to create a supportive environment for clients, ensuring their comfort and progress. Persuasive communicator who excels in collaborative settings, working seamlessly with colleagues to develop effective therapeutic strategies. Committed to helping individuals navigate their challenges, utilizing a comprehensive understanding of therapeutic techniques and human behavior.

PROFESSIONAL EXPERIENCE

Owner/Therapist, R3 Center for Behavioral Health and Wellness, August 2025- Present
Morganton, NC

- Provide professional clinical social work services.
- Provide assessments and document identified behaviors or symptoms of abuse, neglect, exploitation, and/or intimate partner violence; maintain privacy and confidentiality per policies, handbooks, or directives; advocate with appropriate community resources.
- Maintain clear and concise progress notes and service documentation.
- Provides initial assessments, diagnoses, and evaluations for adolescent and adult clients.
- Provides individual and group psychotherapy, and/or EMDR, to address the needs of the client, including addressing a wide range of presenting problems, such as trauma, substance use, sexual behaviors, and more.
- Develops a treatment plan of achievable goals based on bio-psychosocial-spiritual factors in collaboration with the client and family.
- Provide psychoeducation on the available services to clients and their family members and initiate the relationship between the client and the respective resources.
- Remain vigilant of bureaucracy's intimidation and advocate when it serves the best interest of the client and family. Encourage and educate the client to advocate for themselves, fostering a sense of autonomy.

Co-owner/Co-founder, Hickory Football Club, June 2023 – Present
Hickory, NC

- Founded a semi-professional soccer team with a small group of partners, helping to establish and oversee the annual budget.
- Serve as an executive in hiring both full-time and part-time staff and monitoring expenses.
- Played a role in boosting game attendance to over 6,000 in the second season.
- Contributed to creating and managing a club that secured the 2024 and 2025 Conference Championships, the 2025 South Region Championship, and the 2024 National Championship.

Outpatient Therapist, Clear Perspective Counseling and Training, January 2022- August 2025
Morganton, NC

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- Maintain clear and concise progress notes and service documentation.
- Provides initial assessments, diagnoses, and evaluations for adolescent and adult clients.

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- Remain vigilant of bureaucracy's intimidation and advocate when it serves the best interest of the client and family. Encourage and educate the client to advocate for themselves, fostering a sense of autonomy.

Public Safety Officer, Morganton Public Safety, 2017 - 2023
Morganton, NC

- Performed a full range of law-enforcement activities of varying complexity.
- Performed a full range of firefighting activities of varying complexity.
- Member of the Honor Guard Team
- Member of the Chief's Advisory Board

Police Officer, Hickory Police Department, 2015 - 2017
Hickory, NC

- Performed a full range of law-enforcement activities of varying complexity.
- Member of the Honor Guard Team

MILITARY SERVICE

-RETIRED 2021

Platoon Sergeant, NC Army National Guard, 2010 - 2021
East Flat Rock, NC

- Served as a Military Police Non-Commissioned Officer with the NCARNG.
- Promoted through a series of positions of increasing responsibility and authority.
- Lead platoons of up to 45 personnel.
- Maintain responsibility for the maintenance and accountability of assigned vehicles, weapons, night observation devices, communications equipment, and personal equipment valued at more than $4,000,000.
- Compile information and written reports to document law enforcement and security actions and investigations.
- Collaborate with a diverse population of personnel in a demanding team environment.
- Established comprehensive personnel and equipment rosters to optimize efficiency and accountability of the military unit.
- Completed a rigorous two-month advanced leadership course.

Military Funeral Honors Western Region Area Coordinator, NC Army National Guard, 2020 - 2021
Morganton, NC

- Performed wide range of coordinator and administrative management functions to support the day-to-day operations of the North Carolina National Guard (NCNG) Military Funeral Honors (MFH) - the primary organization for coordinating and performing MFH for nearly 4,500 army personnel across the state annually.
- Appointed by State NCOIC/OIC. Supervise, coordinate, assigns, and reviews the work of a specialized team of Soldiers performing Military Funeral Honors ceremonies.
- Complete expense reports and maintain conformance to program Standard Operating Procedures (SOPs). Evaluated the performance of subordinate employees, schedules and approves leave, keeps time and attendance records and keeps State NCOIC apprised of any difficulties.
- Reviews Military Funeral Honors Program policies, objectives and Standard Operating Procedures (SOPs) to determine the effects of operations and the need for revisions/additions.

- Performed other related work as assigned. Responsible for approximately $500,000 worth of government assets.
- Serve as the Military Funeral Honors Coordinator Area Coordinator for the western 30 counties in North Carolina.

Operations/Perimeter Security/Quick Reaction Force NCO, US Army, 2017 - 2018
Guantanamo Bay

- Supported high-profile mission to ensure the safe and humane care of detainees in U.S. military custody, the external and perimeter security of the base, and the day-to-day operational support and success of the mission. Hand-selected to serve as the Operations Non-Commissioned Officer (NCO) for a military police group assigned to provide internal and external security of a high-profile detainment facility.
- Hand-selected to serve as a Block NCO to provide guidance, support, and oversight for the safety and welfare of a team of US Soldiers and foreign detainees within a high-profile and high-stress detention facility.
- Hand-selected to serve as a Quick Reaction Force and Roving Patrol NCO.
- Responsible for the external security of a high-profile detention camp and for executing antiterrorism measures.
- Managed and maintained more than $250,000 of inventory.

Task Force Team Leader/K9 Handler, U.S. Army, 2012 –2013
OCONUS

- Activated to support the Multinational Force and Observers, an independent international peacekeeping organization created by agreement between the Arab Republic of Egypt and the State of Israel.
- Supervised operations in remote observation posts along the Egypt/Israel border. Led and supervised teams of up to five personnel.

VOLUNTEER AND COMMUNITY SERVICE

Volunteer Coach, YMCA
March 2023 – Present, Marion, NC

- Provide humanitarian aid to those impacted by natural disasters

Board Member, Burke Soccer Association
June 2025- Present, Morganton, NC

Team Member, Child Protection Child Fatality Prevention Team
September 2024 – July 2025, Morganton, NC

- Appointed to a multidisciplinary team to develop a community-wide strategy aimed at preventing child abuse, neglect, and deaths, by recommending system changes to enhance the safety and well-being of all children.
- Previously appointed member; Asked to remain as an Ad HOC.

Board Member, Burke Search and Rescue
May 2024 – Present, Morganton, NC

Volunteer, Samaritan's Purse
March 2023 – Present, Morganton, NC

- Provide humanitarian aid to those impacted by natural disasters

Volunteer, Team Rubicon
January 2021 – Present, Morganton, NC

- Provide humanitarian aid to those impacted by natural disasters

Volunteer, Crisis Intervention Team
May 2019 – Present, Morganton, NC

Mission Member, Straight Up Missions
Feb. Annual, Sekanani, Kenya
- Facilitate Health Care for Sekenani community and Maasai tribal villages

Mission Member, Straight Up Missions
Jan. 2022-Jan. 2024, Morganton, NC

EDUCATION

Doctor of Education
Organizational Learning and Leadership*: Candidate*
University of North Carolina at Chapel Hill, *Projected* 2028

Master of Social Work
Military Social Work & Adult Mental Health and Wellness
University of Southern California, Dec. 2022

Bachelor of Science
Behavioral Health/Govt.
Liberty University, May 2021

Awards & Honors
- Summa cum laude

SKILLS

- Relationship building
- Emotional awareness
- Crisis intervention
- CBT techniques
- Teamwork and collaboration
- Interpersonal skills
- Interpersonal communication
- Active listening

CERTIFICATIONS

- Licensed Clinical Social Worker - NC
- Licensed Clinical Addiction Specialist (A) - NC
- Law Enforcement Officer- NC
- Law Enforcement Instructor- NC
- Eye Movement and Desensitization and Reprocessing
- Star Behavioral Health Provider - Center for Deployment Psychology

AWARDS

- National Defense Service Medal
- Non-Commissioned Officer Professional Development Ribbon (2)
- Army Commendation Medal (2)
- Army Achievement Medal (2)
- Army Reserve Component Achievement Medal (3)
- Army Service Ribbon
- Global War on Terrorism Expeditionary Medal
- Global War on Terrorism Service Medal
- Multinational Force and Observers Medal

- Overseas Service Ribbon (2)
- State Active Duty Ribbon (3)
- Chief's Eagle Award by the Director of Public Safety (Chief)
- Appreciation Award (Plaque) by the Disabled American Veterans
- Letter of Commendation by Representative Hugh Blackwell (NC House)

REFERENCES

References available upon request