PARKS & RECREATION MONTH
JULY 2026

WHEREAS, parks and recreation is an integral part of communities throughout this country, including Buncombe County, and;

WHEREAS, parks and recreation promotes health and wellness, improving the physical and mental health of people who utilize parks, and;

WHEREAS, parks and recreation promotes time spent in nature, mental health and well-being, social interaction, and enhanced self-esteem through events and programs like fishing clubs, hikes, and campouts, and;

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools, greenways, and many other activities designed to promote active lifestyles, and;

WHEREAS, Buncombe County offers river parks, sports complexes, and natural areas that ensure the ecological beauty of our community and allow residents to gather, celebrate, connect with nature, and recreate, and;

WHEREAS, our residents have communicated the importance of our green spaces through a profound desire for storm-impacted parks to be rebuilt, and;

WHEREAS, Buncombe County Parks & Recreation staff and partners have continued to work to reopen and revive parks that were impacted by Tropical Storm Helene, and;

WHEREAS, our parks continue to play a critical role as community and resiliency hubs, and;

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month, and;

WHEREAS, Buncombe County recognizes the benefits derived from parks and recreation resources,

NOW THEREFORE, BE IT RESOLVED that the Buncombe County Board of Commissioners proclaims **July 2026** as **Parks & Recreation Month** in Buncombe County. We encourage residents to celebrate by enjoying our local parks and trails, participating in recreational activities, and recognizing the benefits these spaces and programs offer our community.

This 21st day of July, 2026.

Amanda Edwards, Chair
Buncombe County Board of Commissioners