CITY OF BREVARD, NORTH CAROLINA

Proclamation

NO. 2026-12
MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental health is essential to the overall well-being of individuals, families, and the community of the City of Brevard, influencing how people think, feel, act, and connect with one another; and

WHEREAS, the City of Brevard is known for its strong sense of community, natural beauty, and quality of life, all of which contribute to the mental and emotional well-being of its citizens; and

WHEREAS, one in five individuals will experience a mental health condition in their lifetime, and stigma, lack of access to care, and social isolation continue to present challenges in communities both large and small; and

WHEREAS, Mental Health Awareness Month provides an opportunity for the City of Brevard to promote understanding, reduce stigma, and encourage residents to seek help and support when needed; and

WHEREAS, the 2026 theme, "More Good Days, Together," highlights the importance of connection, compassion, and collective responsibility in fostering mental wellness and ensuring that all residents have the opportunity to thrive; and

WHEREAS, access to mental health resources, early intervention, and community-based support systems are vital to improving outcomes and strengthening the resilience of individuals and families throughout Brevard and Transylvania County; and

WHEREAS, local leaders, healthcare providers, educators, first responders, employers, and community organizations play a critical role in supporting mental health and creating a culture where individuals feel safe, supported, and valued; and

WHEREAS, by working together, the citizens of Brevard can continue to build a community that prioritizes well-being, encourages open conversations, and supports one another in achieving more good days;

NOW, THEREFORE, I, Maureen Copelof, Mayor of the City of Brevard, North Carolina, do hereby proclaim May 2026 as **Mental Health Awareness Month** in the City of Brevard and encourage all residents to raise awareness, support one another, and take meaningful steps toward improving mental health—so that together, we may experience **More Good Days, Together.**

IN WITNESS WHEREOF, I have set my hand and executed the Great Seal of the City of Brevard on this the 4th day of May, 2026.

ATTEST:

Denise Hodsdon, CMC, NCCMC
City Clerk

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Maureen Copelof
Mayor