CITY OF BREVARD, NORTH CAROLINA

Proclamation

NO. 2026-30
NATIONAL FAMILY CAREGIVERS MONTH

WHEREAS, this November in Brevard, we recognize the 2.1 million family caregivers across our state who are helping their older parents, spouses and other loved ones live independently in their homes and in their communities – where they want to be; and

WHEREAS, Brevard's family caregivers are among millions of Americans recognized this November during National Family Caregivers Month. Family caregivers are the backbone of North Carolina's long-term care system. This extraordinary contribution not only sustains families but also saves our state's taxpayers billions; and

WHEREAS, family caregivers are stressed and overwhelmed by balancing the physical, emotional, financial and often time-consuming demands required to care for their older loved ones. They do it all, help their older loved ones with essential tasks, including medications and medical care, meals, bathing and dressing, chores, finances, grocery shopping, transportation and more; and

WHEREAS, most pay for expensive care out of their own pockets--all while facing soaring prices for everyday essentials like groceries, housing, utilities and health care. Too often, family caregivers stop saving, take on more debt, use up personal short-term savings, leave bills unpaid or pay them late, and borrow money from family and friends to deal with the financial challenges. And for the family caregivers who are also juggling jobs, many must reduce work hours or leave the workforce entirely due to caregiving responsibilities; and

WHEREAS, family caregivers deserve our gratitude, but they also need commonsense solutions that save them money, time, and provide support.

NOW, THEREFORE, I, Maureen Copelof, Mayor of the City of Brevard hereby proclaim November 2026 as **National Family Caregivers Month** in Brevard. Chances are if you are not a family caregiver right now, you have been, you may be at some point, or you know someone who is, or you will someday need a family caregiver yourself to help you live independently at home. Family caregivers need support, including financial relief. I encourage all citizens to reach out to the family caregivers in their lives, thank them for the incredibly important work they do, and support them if you can.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Brevard to be affixed this 2nd day of November, 2026.

ATTEST:

Denise Hodsdon

Denise Hodsdon, CMC, NCCMC
City Clerk

CITY OF BREVARD, NC · FLOWERS · RECREATION · INDUSTRY · OPPORTUNITY · ARTS · EDUCATION · BEAUTIFUL BREVARD · CORPORATE SEAL

Maureen Copelof

Maureen Copelof
Mayor