CITIZENS-POLICE ADVISORY COMMITTEE

- 3 year term

- One (1) member each representing North, South, East, West and Central areas of Asheville. One (1) member represented by the Housing Authority of Asheville. One (1) member who is a resident of property owned by the Housing Authority. Two (2) at-large seats.

Citizens Police Advisory Committee (3 year term)

Vacancy - South representative
Was Kaaren McNulty
Term to expire 06-30-20 - Vacant

Vacancy- at large representative
Was Shana McDowell
Term to expire 06-30-22 -Vacant

Blake Marcus - North rep
Term to expire 06-30-20
Has served 1 unexpired term - Eligible for reappointment

Jerry Kivett - Central rep
Term to expire 06-30-20
Has served 1 unexpired term - Eligible for reappointment

Citizens Police Advisory Commit

CURRENT MEMBERS	TERM EXPIRES	APPOINTED	TERMS	RACE	HOMEOWNER/RENTER	SEX	AREA	OCCUPATION
Blake Marcus (North) marcusblake06@gmail.com	06-30-20	07-24-18	unexp.	W	H	M	North	Assoc. Attorney Minick Law Firm
Jerry Kivett (Central) jerry.kivett@comcast.net	06-30-20	07-24-18	unexp.	W	R	M	Central	Homeward Bound
Michael L. Hayes (West) michaelLhayes50@gmail.com	06-30-21	06-19-18	1	AA/B	H	M	West	Ready to Work Case Mngr Green Opportunities
Karl Katterjohn (East) kr3kat@gmail.com	06-30-21	06-19-18	1	W	H	M	East	
South Rep (Resigned Feb. 2020) Was Kaaren A McNulty	06-30-20	02-12-19						
Jeremy Spielman (At-Large) jeremy@paideia.org	06-30-22	08-27-19	Unexp.	W	H	M	West	Assistant Director National Paideia Center
At large seat Was Shana McDowell (Off board 3/20 due to non-attendance)	06-30-22							
Robert Hooper (Housing Auth. Rep) rhooper@haca.org (Gene Bell resigned 3-27-19)	06-30-21	05-14-19	Unex.	B	H	M	HACA	Housing Authority Co-Director of Property Management
Sandy Aldridge (HACA Resident rep) sandykaljamaldridge33@gmail.com	06-30-22	04-09-19	1	W	R	F	South	Student

Ex-Officio - Non-Voting Members

Chief of Police or his/her designee
PO Box 7148
Asheville, NC 28802

Member of the APD designated
by the Chief of Police
Asheville Police Department
PO Box 7148
Asheville, NC 28802

Councilman Keith Young
must be Council Member
keithyoung@avlcouncil.com

President of Student Body
AC Reynolds High School 5-1-13 - 5-1-14
Asheville High School 5-1-14 - 5-1-15
Roberson High School 5-1-15 - 5-1-16

Chair: Blake Marcus
Vice Chair: Vacant
Council Liaison: Keith Young
Staff: Captain Gary Gudac
Staff: Julie Moore

CITIZENS/POLICE ADVISORY COMMITTEE

Name	Male	Female	Black	White	Other	North	East	South	West	Central	City	County
Marcus	X			X		X					X	
Kivett	X			X						X	X	
Hayes	X		X						X		X	
Katterjohn	X			X			X				X	
Spielman	X			X					X		X	
Hooper	X		X								X	
Aldridge		X		X				X			X	

Citizens/Police Advisory Committee - Resource List

APPLICANT NAME, ADDRESS, PHONE #	DATE SUBMITTED APPLICATION	RESIDENT	RACE	SEX	AREA	Homeowner/Renter	OCCUPATION	Interested in Other Bds
Cathy Banks cathymbanks@abtech.edu	02/22/19	City	W	F	South	H	Assist. Coordinator, Health AB Tech Community College	
Tracey DeBrahl pheonixbruhl@gmail.com	03-09-20	City		M	South	H	Self	
David Angelus david.angelus@comcast.net	04-21-20	City	W	M	East	H	Operations Exec JP Morgan Bank	
Barbara Wright bjhwright@gmail.com	06-01-20	City	W	F	Central	H	Senior Advisor Veterans Affairs Office of Inspecor Gen	
Anthony Coggiola tonycoggiola@gmail.com	07-10-20	City	Italian	M	North	H	CEO Owner Operator Self Employed	
Mary Ammerman mammerman@ian-	07-12-20	City	W	F	West	H	Vice President Institute for Applied Neuroscience	
Tim Kelley wadahstar2@yahoo.com	08/29/2020	City	W	M	West	R	Office Manager Sate Farm Insurance	
Damita Jo Wilder redeemejDJW@yahoo.com	09-01-20	City	B	F	South	R	Retired	
Michael E. Beech mMandjbeech@icloud.com	09-11-20	City	W	M	East	H	Knife Sharpener Santa, Vol Fly Fishing	

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Citizens/Police Advisory Committee

Your name: Cathy Banks Home Phone #: 828-275-8270

Street address: 44 Braddock Way City: Asheville Zip Code: 28803

Mailing address (if different): _____

Employer: AB Technical Communit College

Your position: Assistant Coordinator,Health Office Phone #: 828-398-7186

Resident of City Asheville County Buncombe Race W * Sex M___F_✔_* Age 55 *

Are you a Homeowner or a Renter? * Homeowner

Residence location (check one): Central ____ North _____ South _✔_ East _____ West _____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: husband is a policeman _____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

I have lived in Buncombe county and or Asheville since 1982. I have been a nurse working first at STJ Hospital for 11 years, 3 years at the Baptist Retirement Home then 23 years at Mission Hospital before coming to AB Tech.I have a Masters Degree in Nursing Education and enjoy working with the public. I do see a big need to have voices heard from both sides from the police and from the community. I see how Asheville is growing and the disparity that has developed between the new residents and the natives concerning growth and the increase in crime that it has brought to the area. I have seen first hand the increase of the opioid crisis in our area and the need for interventions of a increase of a positive police presence though out all aspects of our community. I feel this would be a great way to give back to my neighbors and my community. I am willing and eager to use my network and professional skills to further the Citizens/Police Advisory Committees mission to advocate for programs, ideas, and methods to improve the relationship between the police and community.

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

Signature: Cathy Banks

Date: 2/22/2019

E-Mail: cathymbanks@abtech.edu

Fax #: 828-250-0127

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Citizen Police Advisory Committee

Your name: Tracey DeBruhl Home Phone #: 828-279-6768

Street address: 286 Bee Ridge Rd City: Asheville Zip Code: 28803

Mailing address (if different): pleonixbruhl@gmail.com

Employer: Self, Military / Government, Musician/Actor

Your position: Owner, Director, Marketing, Construction Office Phone #: 279-6768

Resident of City Annex Area County Buncombe Race _____ * Sex M X F ___ * Age 40 *

Are you a Homeowner or a Renter? Home

Residence location (check one): Central ____ North ____ South ✓ East ____ West ____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property (location) interest, business interest, etc.)? If so, please explain: [redacted] I feel my Community Environment and Involvement makes me an exceptional candidate. Potential conflicts of interest do not preclude appointments.

[redacted] I am a Congress Candidate. But this is to help you. I will not do not use this outside unless Boundaries

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

From Top to Bottom Involved in all our Charities, Programs, & any events My Whole life!
As Marine, Community Leader, [redacted]
Coordinator For our Natives Largest Landowners
Charity, Mission, & Disaster Relief. FLET trained & have help train LE, Fire, & all our Nations Elite.
-excuse the scribble. I Prefer Save a tree if you understand or don't ask & I will rewrite

In any Fashion of our meetings within the of the task

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

Signature: [signature]

Date: 3-9-20

E-Mail: Pleonixbruhl@gmail.com

Fax #: _____

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Citizens-Police Advisory Committee

Your name: David Angelus Home Phone #: 312-315-4588

Street address: 127 Boulder Creek Way City: Asheville Zip Code: 28805

Mailing address (if different): _____

Employer: JP Morgan Bank

Your position: Operations Executive Office Phone #: 312-315-4588

Resident of City Yes County Yes Race White * Sex M ✔ F ___ * Age 59 *

Are you a Homeowner or a Renter? * Homeowner

Residence location (check one): Central ____ North ____ South ____ East ✔ West ____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: None

_____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

held a similar role in Chicago, Illinois for 4 years prior to our relocation to AV in 2019.

David Angelus is a professional program manager with PMP certification and twenty five years experience leading global operations, business and technology initiatives. He has a proven ability to develop end-to-end business strategies and operational controls to transform operating environments and improve the customers' experience.

David is a recognized senior leader of people, projects and processes. He has successfully led international cross-functional teams in financial services, health care, and the insurance industry. His proven team building, leadership and communication skills combine with customer focus to build strong client relationships.

At JPMorganChase, David is an Executive Director in Consumer & Community Banking (CCB) Operations. Over the last 19 years, David has held senior product and program management leadership roles across the firm.

Prior to joining the Firm, David was a senior consultant for Cambridge Technology Partners dedicated to supporting UBS' hedge fund equity trading business and a program manager for

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

Signature: David Angelus

Date: 04212020

E-Mail: david.angelus@comcast.net

Fax #: _____

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

I held a similar role in Chicago, Illinois for 4 years prior to our relocation to AV in 2019. David Angelus is a professional program manager with PMP certification and twenty five years experience leading global operations, business and technology initiatives. He has a proven ability to develop end-to-end business strategies and operational controls to transform operating environments and improve the customers' experience. David is a recognized senior leader of people, projects and processes. He has successfully led international cross-functional teams in financial services, health care, and the insurance industry. His proven team building, leadership and communication skills combine with customer focus to build strong client relationships. At JPMorganChase, David is an Executive Director in Consumer & Community Banking (CCB) Operations. Over the last 19 years, David has held senior product and program management leadership roles across the firm. Prior to joining the Firm, David was a senior consultant for Cambridge Technology Partners dedicated to supporting UBS' hedge fund equity trading business and a program manager for Sawna Business Credit Corporation supporting their credit risk management systems. David holds an M.A. from the University of Illinois and a B.A. from DePaul University. He serves on the Board of the Porsche Club . David resides in Ashevile, NC with his wife, Dianne Bienick.

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Citizens-Police Advisory Committee

Your name: Barbara Wright Home Phone #: 7045025913

Street address: 63 Caledonia Rd City: Asheville Zip Code: 28803

Mailing address (if different): _____

Employer: Veterans Affairs Office of Inspector General

Your position: Senior Advisor Office Phone #: 2023043557

Resident of City Asheville County Buncombe Race W * Sex M___F_✔_* Age 58 *

Are you a Homeowner or a Renter? * Homeowner

Residence location (check one): Central ✔ North _____ South _____ East _____ West _____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: none

_____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

I feel compelled by recent events to seek this opportunity to serve my community, and am very interested in serving on this board. I have a host of relevant life and work experiences that will enable me to bring balance and fairness to the issues the CPAC considers and addresses, as follows:

1) I am a lawyer and currently work part-time as a senior advisor to an investigative unit of the Inspector General of the VA, investigating fraud, waste and senior leader misconduct. I moved to Asheville a little over a year ago from DC, and spent 30 years before that in Charlotte, most of which as a lawyer at Wells Fargo handling litigation and regulatory enforcement matters. I have a deep understanding of investigative practices and related law enforcement issues. I also worked in the legal department of Charlotte-Mecklenburg schools, and have an understanding of the complexities of school discipline issues and the important role played by police in the schools.

2) I have long had a passion for and commitment to serving my community. While in Charlotte, I served a number of non-profits that addressed the needs of families and children, including six years on the Board (two as Chair) of Freedom School Partners, a program started by the Children's Defense Fund that addresses summer learning loss by providing a

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

Signature: Barbara H. Wright

Date: June 1, 2020

E-Mail: bjhwright@gmail.com

Fax #: _____

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

I feel compelled by recent events to seek this opportunity to serve my community, and am very interested in serving on this board. I have a host of relevant life and work experiences that will enable me to bring balance and fairness to the issues the CPAC considers and addresses, as follows: 1) I am a lawyer and currently work part-time as a senior advisor to an investigative unit of the Inspector General of the VA, investigating fraud, waste and senior leader misconduct. I moved to Asheville a little over a year ago from DC, and spent 30 years before that in Charlotte, most of which as a lawyer at Wells Fargo handling litigation and regulatory enforcement matters. I have a deep understanding of investigative practices and related law enforcement issues. I also worked in the legal department of Charlotte-Mecklenburg schools, and have an understanding of the complexities of school discipline issues and the important role played by police in the schools. 2) I have long had a passion for and commitment to serving my community. While in Charlotte, I served a number of non-profits that addressed the needs of families and children, including six years on the Board (two as Chair) of Freedom School Partners, a program started by the Children's Defense Fund that addresses summer learning loss by providing a unique literacy program to 1,200 children. I was also involved with the Council for Children's Rights, serving on their board and representing dozens of children in highly contested custody cases and in school discipline proceedings. Since moving to Asheville, I have sought out ways to serve; I am a tutor with Read2Succeed, a volunteer lawyer with Pisgah Legal Services in their Homelessness Prevention project, and have been named to the Board of Homeward Bound starting in July. 3) My father was a New York State Trooper; in the 1970's he became the partner of the Troopers' first African American officer and they worked together to recruit additional African Americans to the force. He was very proud to have been selected for this role. 4) I would bring decades of problem solving and conflict resolution skills, as well as an ability to listen and communicate effectively and a collaborative, personable style. My position at Wells Fargo required significant crisis management and media relations skills, and I am very comfortable speaking with and to small and large crowds. It seems to me that a position like this isn't about talking and purporting to have all the answers; it's about listening and learning and building trust. I would be happy to meet with you to further discuss my qualifications and to provide references who can attest to my problem solving skills and ability to listen, build bridges and collaborate. I am also happy to send a resume that has more detail about my professional experiences and community service. Thank you for considering this application!

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Police Advisory Commission

Your name: Anthony Coggiola Home Phone #: 864 529-1411

Street address: 174 Beaverdam rd City: Asheville Zip Code: 28804

Mailing address (if different): _____

Employer: Self employed; http://www.c3lassociates.org/

Your position: CEO Owner operator Office Phone #: 864-529-1411

Resident of City AVL County Buncombe Race Italian * Sex M ✔ F ___ * Age 57 *

Are you a Homeowner or a Renter? * Homeowner

Residence location (check one): Central ____ North ✔ South _____ East _____ West _____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: None at all

_____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

17 years law enforcement and trained local, State, Federal and foreign police and first responders. Highly trained "train the trainer" instructor in high liability risk reduction and risk mitigation, served as senior Law Enforcement trainer for Texas Association of Counties. Federal Hate Bias Crime instructor. With 3,000 plus continuing education hours in law enforcement leadership and instructor programs.
14 year USArmy service and I'm a service disabled veteran (due to combat). Trained and served in Leadership positions from squad, platoon, company, battalion, brigade and liaison officer with foreign Military.
Still teach first responders in disaster and humanitarian (foreign and domestic) disaster response for 28 US Universities.
http://www.c3lassociates.org/
http://Anthony Coggiola.com/
I am also a business (The Cantina in Historic Biltmore Village) owner and operator and I own and manage businesses that are located in properties in AVL that I own. I am also a Premier donor to MANNA Food Bank (my company is on their letterhead) due to our donations and support.
I wish only to serve and to help, I work well within diversity groups. I'm also a trained hostage negotiator

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

Signature: Anthony Coggiola

Date: 10 July 2020

E-Mail: tonycoggiola@gmail.com

Fax #: 864-529-1411

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Citizens-Police Advisory Committee

Your name: Mary Ammerman Home Phone #: (828) 776-5076

Street address: 104 Estelle Park Dr. City: Asheville Zip Code: 28806

Mailing address (if different): _____

Employer: Institute for Applied Neuroscience

Your position: Vice President Office Phone #: (828) 251-2882

Resident of City Asheville County Buncombe Race W * Sex M___ F ✔ * Age 49 *

Are you a Homeowner or a Renter? * Homeowner

Residence location (check one): Central ____ North ____ South ____ East ____ West ✔

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: I'd like to discuss the possibility of incorporating _____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

Dear Committee Members:

I hope this letter finds you doing as well as can be expected under our currently stressful global, national, and local circumstances. Times of upheaval provide opportunities for positive change, which is what I sincerely hope will be the long-term outcome.

To that end, I would like to introduce myself and explain how I might be able to help. I'm a psychologist who earned my doctoral degree from Pepperdine University. I'm also a board-certified neurofeedback provider. Neurofeedback is brainwave biofeedback, a process that uses computers to measure EEG activity and then signal participants when their brainwaves are in a desirable range for the task at hand. Neurofeedback helps people learn how to regulate their nervous system arousal, or activation, more effectively. Navy Seals use this technique in their training programs to help increase the odds of their recruits successfully completing their incredibly demanding schooling. The reason why is because a large body of research clearly demonstrates that the better able individuals are at regulating their nervous system arousal, the better they perform any task they are required to do. In life threatening situations, effective arousal regulation becomes even more imperative because it makes the difference between being able to choose a response vs. reflexively reacting based on survival

Mary Catherine Ammerman

Key: df1e721a9fe0e1462aa81f402f0fc5870

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

Signature: _____

Date: July 12, 2020

E-Mail: mammerman@ian-

Fax #: (828) 633-7073

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

Dear Committee Members: I hope this letter finds you doing as well as can be expected under our currently stressful global, national, and local circumstances. Times of upheaval provide opportunities for positive change, which is what I sincerely hope will be the long-term outcome. To that end, I would like to introduce myself and explain how I might be able to help. I'm a psychologist who earned my doctoral degree from Pepperdine University. I'm also a board-certified neurofeedback provider. Neurofeedback is brainwave biofeedback, a process that uses computers to measure EEG activity and then signal participants when their brainwaves are in a desirable range for the task at hand. Neurofeedback helps people learn how to regulate their nervous system arousal, or activation, more effectively. Navy Seals use this technique in their training programs to help increase the odds of their recruits successfully completing their incredibly demanding schooling. The reason why is because a large body of research clearly demonstrates that the better able individuals are at regulating their nervous system arousal, the better they perform any task they are required to do. In life threatening situations, effective arousal regulation becomes even more imperative because it makes the difference between being able to choose a response vs. reflexively reacting based on survival instincts. As humans, we must keep our emotional responses calm enough for our higher thinking centers to work properly. I have tremendous gratitude towards the police because in September of 2013 they saved my life when an armed intruder broke into my home. I also have 4 years of experience working as a psychologist in correctional settings: I worked with both male and female juvenile offenders for two years in California and a year in Wisconsin. In addition, I worked in a probation and parole office in Wisconsin and spent a year and a half working with female inmates at the North Carolina Correctional Institute for Women in Raleigh. These experiences have given me an inside view of both sides of law enforcement. I have compassion for people on each side of the equation and have long desired to help create positive changes in a necessary, but flawed, system. I've been providing neurofeedback to clients since 2006 and teaching mental health providers how to implement neurofeedback training into their practices since 2012. I trained and mentored psychologists to provide neurofeedback at a Canadian Army Base in Edmonton, Alberta for two years. I've also mentored neurofeedback providers at The Meadows Recovery Center in Arizona; Ohio State University's outpatient clinic; Summit Stone Recovery Centers in Colorado; as well as staff members at The Hummingbird Centre, which has three outpatient psychology clinics in Australia. I would welcome an opportunity to further discuss neurofeedback with you and its potential to help the members of our community, which certainly includes our police officers. I believe that better training of our police is a more viable solution than defunding them. Even if the Citizens-Police Advisory Committee has no interest in hearing about neurofeedback, I am still very interested in serving on this board due to the life experiences described above. I want to do everything within my power to help my community be a safe and welcoming place for everyone. Respectfully, Mary Ammerman, PsyD, BCN Licensed Clinical Psychologist



Institute for Applied Neuroscience

Ed Hamlin, PhD, BCN
Mary Ammerman, PsyD, I
Patricia Hamlin, MS
Illysa Hamlin, BA
Jordan Hamlin, B.A.
Mary Grace Bigelow, MS
Eric Ralston, MS

90 Acton Circle
2882
Candler, NC 28715

Appointments: (828) 251-

Fax: (828) 633-7073

July 12, 2020

Dear Citizen-Police Advisory Board Selection Committee:

I hope this letter finds you doing as well as can be expected under our currently stressful global, national, and local circumstances. Times of upheaval provide opportunities for positive change, which is what I sincerely hope will be the long-term outcome.

To that end, I would like to introduce myself and explain how I might be able to help. I'm a licensed psychologist who earned my doctoral degree from Pepperdine University in 2002. I'm also a board-certified neurofeedback provider. Neurofeedback is brainwave biofeedback, a process that uses computers to measure EEG activity and then signal participants when their brainwaves are in a desirable range for the task at hand. Neurofeedback helps people learn how to regulate their nervous system arousal, or activation, more effectively. Navy Seals use this technique in their training programs to help increase the odds of their recruits successfully completing their incredibly demanding schooling. The reason why is because a large body of research clearly demonstrates that the better able individuals are at regulating their nervous system arousal, the better they perform any task they are required to do. In life threatening situations, effective arousal regulation becomes even more imperative because it makes the difference between being able to choose a response vs. reflexively reacting based on survival instincts. As humans, we must keep our emotional responses calm enough for our higher thinking centers to work properly.

I have tremendous gratitude towards the police because in September of 2013 they saved my life when an armed intruder broke into my home. I also have 4 years of experience working as a psychologist in correctional settings: I worked with both male and female juvenile offenders for two years in California and a year in Wisconsin. In addition, I worked in a probation and parole office in Wisconsin and spent a year and a half working with female inmates at the North Carolina Correctional Institute for Women in Raleigh. These experiences have given me an inside view of both sides of law enforcement. I have compassion for people on each side of the equation and have long desired to help create positive changes in a necessary, but flawed, system.

I've been providing neurofeedback to clients since 2006 and teaching mental health providers how to implement neurofeedback training since 2012. I trained and mentored psychologists to provide neurofeedback at a Canadian Army Base in Edmonton, Alberta for two years. I've also mentored neurofeedback providers at The Meadows Recovery Center in Arizona; Ohio State University's outpatient clinic; Summit Stone Recovery Centers in Colorado; as well as staff members at The Hummingbird Centre, which has three outpatient psychology clinics in Australia.

I would welcome an opportunity to further discuss neurofeedback with you and its potential to help the members of our community, which certainly includes our police officers. I believe that better training of our police is a more viable solution than defunding them. However, even if the Citizens-Police Advisory Committee never wants to hear about neurofeedback, I'm still very interested in serving on this board to the life experiences described above. I want to do everything within my power to help my community be a safe and welcoming place for everyone.

Respectfully,

Mary Ammerman, PsyD, BCN
Licensed Clinical Psychologist, NC#2990
Vice President
90 Acton Circle
Candler, NC 28715
(828) 251-2882, extension 1001
mammerman@ian-asheville.com

Mary C. Ammerman, PSyD, BCN

104 Estelle Park Dr.
Asheville, NC 28806
Phone: (828) 776-5076
Work: (828) 251-2882, extension 1001
Email: mammerman@ian-asheville.com

EDUCATION

1997-2002	Pepperdine University Psy.D., Clinical Psychology Los Angeles, CA
1995-1997	Pepperdine University M.A., Clinical Psychology with an Emphasis on Marriage and Family Therapy Malibu, CA
1989-1993	University of North Carolina at Chapel Hill B.A., English and Psychology Graduated with Distinction Chapel Hill, NC

SPECIAL SKILLS, TEACHING, & SPEAKING EXPERIENCE

2012 – Present	Board Certified in Neurofeedback Training by Biofeedback International Certification Alliance
2012 – Present	Taught the hands-on practicum portion of a 4-Day Introductory Neurofeedback course at least six times each year.
2013 – Present	Conducted online group and individual mentoring sessions for new neurofeedback providers across the United States, Canada, Germany, Sweden, and Australia. Also conducted private, agency specific neurofeedback mentoring for: providers at the Canadian Army Base in Edmonton, Alberta for two years (weekly mentoring sessions from 2016-2018); the outpatient psychology staff at Ohio State University (every other week sessions from 2017-2018, then we switched to monthly sessions that are currently ongoing); multiple providers at the Meadows Residential Treatment Center in Arizona (monthly 2017-2019); multiple providers at Summit Stone Recovery Centers in Colorado (4 hours of mentoring each month from January 2019-September 2019); multiple staff members at the Humming Bird Centre of Psychology, which has various sites in Australia (every other week sessions from 2019-present); and multiple staff members at Time Out Learning Center in Australia (monthly sessions from 2019-present).

2018 – Present	Created the curriculum for and taught a 2.5-day Advanced Beginner Neurofeedback Skills workshop for new neurofeedback providers. Taught this course in person eight times since 2018 and taught an 8-week online version of this curriculum in 2020. The in-person workshops always contain a hands-on practicum each day of the class
October, 2018	Created the curriculum for and facilitated a 2.5-day weekend retreat called Interior Design for the Soul for laypeople in order to teach nervous system self-regulation skills and to explain how improved self-regulation can help promote health, well-being, and increase the likelihood of achieving one's personal goals.
2017-2019	Annual Neurofeedback Interchange Conference Workshop Teacher and Conference Speaker. In 2017 and 2018 co-taught the Alpha/Theta Neurofeedback Pre-Conference Workshop with Dr. Ed Hamlin. In 2018, was also a featured speaker during the main conference. In 2019, taught my Advanced Beginner Neurofeedback Class as a pre-conference workshop.
2018 and 2020	Featured Speaker at the Dead of Winter Neurofeedback Conference in Asheville, North Carolina.
April, 2020	Featured Speaker for the UNESCO-sponsored, Special Kids International Summit, a free online conference. Presented on Exploring the Efficacy of Neuro-Biofeedback for treatment of ADHD.

CURRENT PROFESSIONAL POSITIONS

Jul. 2011 - Present	**Private Practice, Clinical Psychologist** *Institute for Applied Neuroscience* *Vice President* Participate in executive decision making regarding Institute finances, personnel, and future goals. Lead weekly staff neurofeedback case consultation meetings. Author and annually update educational materials for clinic clients and other professionals taking our neurofeedback courses; teach introductory and advanced beginner neurofeedback courses; mentor beginning neurofeedback providers internationally via individual and group online meetings; conduct weekend personal growth retreats. Develop and implement brain-based treatment plans that combine self-regulation training with individual psychotherapy; instruct mindfulness meditation courses.

PREVIOUS CLINICAL EXPERIENCE

Sept. 2004 – Jul. 2011 **Private Practice, Clinical Psychologist**
The Pisgah Institute for Psychotherapy and Education, P.A.
Provided individual psychotherapy and neurofeedback training for adolescents and adults presenting with substance abuse problems, emotion regulation difficulties, mood and anxiety disorders, and relationship issues.

Mar. 2003-Aug.2004 **Staff Psychologist II**
North Carolina Correctional Institute for Women
Provided individual and group psychotherapy as well as crisis intervention for incarcerated women. Conducted rounds in a segregated prison population and performed psychological evaluations of personality and cognitive functioning.

Oct. 2001 – Oct. 2002 **Substance Abuse Counselor**
New Start Outpatient Clinic, Meriter Hospital, Madison, WI
Provided individual, group, and family therapy to adolescents struggling with substance abuse and dependency. Conducted initial substance abuse screenings to determine the appropriate level of care. Co-created a parenting skills training curriculum for the program.

Sept. 2000-Aug. 2001 **Psychology Intern**
Ethan Allen School, Wisconsin Department of Corrections, Juvenile Division
Provided individual, group, and family therapy to incarcerated adolescents. Completed four rotations focusing on: youthful offenders, crisis intervention, alcohol and drug dependency treatment, and adolescents in need of intensive mental health services. Conducted psychological testing to assess cognitive and personality functioning. In addition, provided individual psychotherapy to adults on probation in an outpatient setting.

Sept. 1999-Aug. 2000 **Psychology Trainee**
Veterans Administration Medical Center, Sepulveda, CA
Provided individual and group psychotherapy to veterans enrolled in the partial hospitalization and chemical dependency programs. Worked with a multidisciplinary team to plan treatment strategies and to provide daily milieu activities.

Sept. 1998-Aug. 2000 **Psychology Trainee**
Barry J. Nidorf Juvenile Hall, Los Angeles County Department of Mental Health
Provided crisis intervention and short-term psychotherapy to incarcerated adolescents. Worked with clients from diverse cultural backgrounds in a forensic setting.

Jan. 1998-Jun. 2000 **Psychology Trainee**
Pepperdine University Community Counseling Center
Provided psychotherapy to individual adults and married couples presenting with substance abuse, depression, domestic violence, and relationship difficulties.

Jan. 1996-Apr.1997 **Master's Program Practicum**
Child Abuse & Neglect, Inc. (C.A.A.N.)
Provided in-home psychoeducation and parenting skills training to parents accused of abusing or neglecting their children. Co-facilitated parenting classes at the California Youth Authority for incarcerated adolescent mothers.

HONORS AND PROFESSIONAL AFFILIATIONS

Phi Beta Kappa National Honor Fraternity Member
Glen & Gloria Holden Scholarship Recipient for Outstanding Academic Achievement, Pepperdine University
International Society for Neurofeedback and Research Member

VOLUNTEER WORK

Hiking with the Hounds Asheville Humane Society
Pisgah Legal Services Ambassador

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Citizen-Police Advisory Committee

Your name: Tim Kelley Home Phone #: 828-777-1514

Street address: 52 Starmount Dr City: Asheville Zip Code: 28806

Mailing address (if different): _____

Employer: Diane Bauknight, State Farm Insurance

Your position: Office Manager Office Phone #: 828-687-1130

Resident of City Asheville County Buncombe Race caucasian * Sex M ✔ F ___ * Age 51 *

Are you a Homeowner or a Renter? * Renter

Residence location (check one): Central ____ North _____ South _____ East _____ West ✔_____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: no _____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

I will be completely honest from the start. I don't necessarily have what would be considered expertise in this area. I am someone who has a willing heart to do work to promote unity and healing between the police and the citizens, and an ability to listen and try to find common ground. This is what led me to apply for the city council vacancy last month, and has led me to apply to this committee. It is about time I get actively involved on behalf of my community.

What I do bring is a history of being put into leadership positions in just about everything I have done, from being Office Manager at the office where I work, to being named District Deputy for four years in my volunteer work with the Knights of Columbus, and my current role as Advisory Board Chairman for the Asheville office of Catholic Charities Diocese of Charlotte. In my role with the Knights of Columbus, I was instrumental at bringing in members of the Latinx community and helping them advance to leadership roles. I have been put into these roles because of my ability to work well with people of all beliefs and points of view, treat all with respect and dignity, and show through example that what is important to them is important to me.

eSigned via SeamlessDocs.com

Timothy G. Kelley

Key: df7072169599f6532aa1d403f0dc5878

Signature: _____

Date: 08/29/2020

E-Mail: wodahstar2@yahoo.com

Fax #: _____

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

TIMOTHY G. (TIM) KELLEY
52 Starmount Dr.
Asheville, NC 28806
828-777-1514
wodahstar2@yahoo.com

Experience:

June 1999-
Present

Diane Bauknight State Farm – Office Manager
Originally hired as a sales person before being promoted several years ago. Tasks include supervising employees in a busy insurance office with over three thousand customers; assisting in hiring and training employees; problem solving involving payment plan accounts, including assisting co-workers with their problems; understanding and explaining insurance coverages; assisting with office marketing strategies; programming our LED sign to maximize marketing efforts; researching marketing opportunities and providing my recommendations to employer; quoting insurance premiums; completing insurance applications; office tasks, including constant daily use of Microsoft Word, Excel, and Outlook; typing at 83 WPM; faxing/copying/scanning with a multi-function device; memorization of ever-changing procedures; taking homeowners insurance claims and providing advice; composing and proofreading letters; keeping up with software updates and assisting co-workers with same; soft sales including some telemarketing; certified to teach licensing classes for life insurance.

July 2004-
Present

St. Joan of Arc Church – Faith Formation Coordinator
Coordinator of the bilingual Faith Formation program; meeting with and supervising a group of volunteer catechists; working independently with no set schedule (aside from the monthly meeting and Wednesday evening classes); providing email updates to pastor; meeting with parish Faith Formation Commission; providing announcements at Masses and in the church bulletin promoting the program; communicating with parents of children in program; returning all emails and phone messages within a 24-hour period, sooner if urgent; composing weekly pages for our church bulletin using Microsoft Word, Microsoft Publisher, and clip art; using Microsoft Excel to maintain a roster of children and families' contact information; calendaring classes and events throughout the year; preparing, with the Faith Formation Commission, an annual budget, an annual fundraiser, and the Faith Formation portion of the Parish Pastoral Plan; reviewing catechetical materials; helping to prepare Sacramental liturgies; serving as catechist when needed; making Mass announcements to the congregation as needed.

2006-
Present

Notary Public – Buncombe County, North Carolina

Prior employment history available on request.

Skills:

Microsoft Windows (all versions since 3.1); Microsoft Office (all versions since '97); social media including but not limited to Facebook and Twitter; Microsoft Internet Explorer (all versions since 3); Microsoft Edge; Google Chrome; Safari; 83 wpm typing speed; public speaking; providing entertainment, including theatre and disc jockey services; above average math and spelling skills.

Education:

Felician College (now University) – Lodi, NJ
MA, Religious Education, 4-year online Masters program – class of 2012

University of North Carolina at Asheville – Asheville, NC
BA, Drama, cum laude with distinction as a university scholar – class of 1994

Manchester Community College – Manchester, CT
AS, Theatre, 3.7 GPA on a 4 point scale – class of 1989

Connecticut School of Broadcasting – Farmington, CT
Graduate of high school broadcasting class – class of 1986

East Catholic High School – Manchester, CT
Graduate – class of 1986, class rank 36 of 291

Knights of Columbus:

Recruiting Chair for Western North Carolina (2013-2015, 2019-present)
District Deputy (2015-2019)
Helped to develop two new councils
Member since 2008

Volunteer Work:

Impact Text Team Member and Social Media Team, 2020 Coalition Sacramento (July 2020 – present)
Chairman, Advisory Board, Catholic Charities Diocese of Charlotte (2019-present; member since 2015)
Wish Granter/Wish Enhancer, Make-A-Wish Foundation (2015-present)
30 Year Reunion Planning Committee, East Catholic High School (2016)
Muscular Dystrophy Association telethon telephone volunteer (2004-2007)
Parish Finance Council, St. Joan of Arc Church (2004-2007)
Lector, Choir, other miscellaneous roles, St. Joan of Arc Church (1999-present)
Board of Directors, Montford Park Players (2001-2003)

Awards/Honors:

Diocese of Charlotte, NC nominee for Catholic Extension Lumen Christi Award (2014)
13-Time Regional Team Trivia Champion
Member, MENSA (1996-1997)
Golden Poet Award, World of Poetry (1990)
Sophomore Class President, East Catholic High School (1983-1984)
3-Time Manchester, CT Town Spelling Bee Champion (1980-1982)

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: ~~Neighborhood Advisory and~~ Police Citizen Advisory Committee (CIPAC)

Your name: Damita Jo Wilder Home Phone #: 336-926-2609

Street address: 10 Belvedere Road City: Asheville Zip Code: 28803

Mailing address (if different): PO Box 314, Asheville NC 28802

Employer: Retired

Your position: N/A Office Phone #: _____

Resident of City Asheville County Buncombe Race African * Sex M___ F_✔_ * Age 66 *

Are you a Homeowner or a Renter? * Renter

Residence location (check one): Central ____ North _____ South _✔_ East _____ West _____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: N/A
_____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

Please refer to the information submitted with the Affordable Housing Application, with the following addition.
I have worked with the Police Department and various Communities to assist in building relationships between to two. Resume will also be submitted

eSigned via SeamlessDocs.com
Damita Jo Wilder
Key: df78721a9fe98f4d2aa1f402f0fc5978

Signature: _____

Date: September 1, 2020

E-Mail: RedeemedDJW@Yahoo.com

Fax #: _____

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

Damita Jo Wilder

PO Box 314
Asheville NC, 28801
336-926-2609
Email: RedeemedDJW@Yahoo.com

Organized, detail-oriented and resourceful in completing projects within time and budget constraints. Strong individual with a superb work ethic as well as effective in multi-tasking. Confident personality with ability to interact well with others at all levels. Engaged and connected to my community with expansive social and professional connections.

Experience

August 1996-May 2019
African Methodist Episcopal Zion Church-Blue Ridge Conference,Pastor
Provides weekly bible studies, prayer meetings and Sunday worship alongside study guides per request by members. Appoints and trains officers for the daily operations of the church.

June 2011-October 2012
Counselor-, Liberty Corners Enterprise; 147 Coxe Ave. Asheville, NC 28801
Assists clients with various levels of disabilities on their job sites as well as with everyday personal and family needs.

October 2001-October 2009
Site Coordinator, Jackson County Public Schools, 506 Hospital Rd. Sylva, NC 28779
Developes parent as well as volunteer and community partnerships. Demonstrated compliance administrator and hiring coordinator. Plans and implements parent, quarterly and annual reports for future funding purposes.

Education

January 2019
Master of Divinity, Hood Theological Seminary
Currently enrolled in the Master of Divinity program which encopasses a volunteer Chaplaincy with the Buncombe County Sheriff Department

January 2009

CERTIFICATION PROGRAM, NORTH CAROLINA DEPARTMENT OF PUBLIC INSTRUCTION

Certified site coordinator for the 21st Century Learning Center Program

ACTIVITIES AND SPECIAL SKILLS

- Board Member-Asheville Buncombe Community Christian Ministry Medical Board
- Member of the Interdenominational Ministerial Alliance
- .MLK City Wide Celebration Board Member
- Asheville-Buncombe Community Land Trust Board Member
- Proficient in organizing and implementing programs to enhance productivity.
- Proficient in financial receipts/disbursements
- Proficient in Social Outreach programing to enhance company productivity.
- Productive and efficient in very demanding situations
- Team player, works well with others

City of Asheville

BOARDS & COMMISSIONS

Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Citizens Police Advisory Committee

Your name: Michael E Beech Home Phone #: 8284161719

Street address: 111Ashwood Lane City: Asheville Zip Code: 28803

Mailing address (if different): _____

Employer: Retired / Self Employed

Your position: Knife Sharpener, Santa, Vol Fly Fishing Office Phone #: _____

Resident of City Asheville County Buncombe Race Caucasion* Sex M ✔ F ___ * Age _____*

Are you a Homeowner or a Renter? * Homeowner

Residence location (check one): Central ____ North _____ South ✔ East ✔ West _____

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: None _____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

I have observed CPAC for 4+ years for the Unitarian Universalist Congregation of Asheville, I am a former therapist specializing in people with schizophrenia, I currently serve on the Board Of Trustees of the church and have a strong commitment to social and racial equity I am a past Board Member of Building Bridges of Asheville as well as a group facilitator.

eSigned via SeamlessDocs.com

Key: df76721e9b98f4d2ea1f402f0fc5678

Signature: _____

Date: 9/11/20

E-Mail: Mandjbeech@icloud.com

Fax #: _____

Return to:

Sarah Terwilliger, Deputy City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: sterwilliger@ashevillenc.gov
Telephone: 259-5839
Fax #: 259-5499

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.